



Health Qigong Federation UK –
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September 2018 Newsletter

Dear Members and Friends of HQFUK

2ND WORLD HEALTH QIGONG DAY 2018

Almost straight after our return from the European competition we were celebrating the second World Health Qigong Day on 8th September 2018, along with 43 other countries around the World. This year we joined up with Master Lin and the Henglong Wushu Club in Walthamstow London – our thanks to Master Lin and his members for hosting the event and being part of our global celebration of Health Qigong



Afterwards the HQFUK members went on to London Bridge and Docklands to further promote the benefits of Health Qigong



Once again, if you require any further information on the events detailed above, classes & seminars please contact us via phone/ email/ WeChat/Facebook

Mr Herman Wang, Chairman HQFUK , expresses his warmest thanks to all our members and friends